

GEORGIA INDEPENDENT SCHOOL ASSOCIATION

Excerpt from 2018-19 GISA Interscholastic Rules & Regulations

10. **2019 GISA Championship Time Standards:**

2019 Time Standards GISA Championships

Girls	Event	Boys
32.99	50 Free	29.99
1:16.09	100 Free	1:09.09
2:57.09	200 Free	2:47.09
8:30.09	500 Free	8:20.09
1:32.99	100 Back	1:27.99
1:34.99	100 Fly	1:29.99
1:35.99	100 Breast	1:30.39
3:25.99	200 IM	3:15.99

Middle School Championships (Open to GISA member schools)

Girls	Event	Boys
38.09	50 Free	38.09
1:30.09	100 Free	1:30.09
50.09	50 Back	50.09
50.09	50 Fly	50.09
55.09	50 Breast	55.09
1:50.09	100 IM	1:50.09

Formula: Based on the 30th place time at the Championship meet. In any year when the 30th place time in an event gets faster, the next year's qualifying time in that event will change accordingly.

Qualifying: Qualifying performances must be achieved by athletes representing their school in a GISA or GHSA sanctioned meet during the 2018-19 season. A results file from the meet should be emailed to tim.demott@gmail.com